

## SPA DAYS & PACKAGES

Our pamper days are the ideal way to treat yourself or someone else.

**Half Spa Day** £80.00 per person  
morning or afternoon

- 2 treatments
- refreshments on arrival
- one course meal in our Atrium Bar
- use of the leisure facilities for the morning/afternoon

maximum group size 6 people

**Full Spa Day** £120.00 per person  
9.00am - 5.00pm

- fruit juice and fruit platter on arrival
- 3 treatments
- a two course lunch in our restaurant
- use of the leisure facilities all day
- afternoon tea

maximum group size 9 people

### Overnight Spa Package

As above full spa day with an overnight stay in a Classic Room.

£155.00 per person  
(sharing tw/dbl room)

£185.00 per person  
(single occupancy)

### Mini Pamper Package

Mini Manicure or Mini Pedicure,  
Back, Neck & Shoulders Massage  
and Mini Facial.

£60 90 mins

## PAMPER WEEKENDS

Spoil your loved one with a night's stay in our luxurious 5 Star Platinum Club including breakfast.

A full body massage is included to make their stay extra special.

Ideal for a birthday, anniversary or any special occasion.

£160 per night, per couple

GIFT VOUCHERS  
are available for  
ALL TREATMENTS


BREAKERS  
BEAUTY SPA

OPEN 7 DAYS  
A WEEK

For further details on any of our facilities or to book an appointment, please contact:

BEAUTY SPA THERAPIST

BREAKERS  
BEAUTY SPA

  
**DOUBLE TREE**  
by **Hilton**  
ABERDEEN CITY CENTRE

Beach Boulevard, Aberdeen, AB24 5EF  
tel: 01224 652075 fax: 01224 638833  
email: sales.doubletreeaberdeen@hilton.com

## WAXING & TINTING

Full Leg Wax	£28	45 mins
¾ Leg Wax	£22	30 mins
½ Leg Wax	£17	30 mins
Bikini Wax	from £10	15 mins
Full Leg & Bikini Wax	£34	60 mins
Eyebrow Wax	£8	15 mins
Underarm Wax	£9	15 mins
Forearm Wax	£15	15 mins
Upper Lip Wax	£8	15 mins
Chin Wax	£8	15 mins
Lip & Chin Wax	£15	30 mins
Chest Wax	£18	30 mins
Back Wax	£18	30 mins
Eyelash Tint*	£15	30 mins
Eyebrow Tint*	£8	15 mins
Eyelash & Brow Tint*	£20	30 mins
Eyelash Perm (incl. tint*)	£35	75 mins

\*Patch test for tinting required 24 hours prior.

## ST. TROPEZ TAN



Full Body Tan	£40	90 mins
Upper Body Tan	£25	45 mins
Lower Body Tan	£25	45 mins

## HANDS & FEET



Mini Manicure (File & Polish)	£18	30 mins
Mini Pedicure (File & Polish)	£20	30 mins
Full Manicure	£26	45 mins
Full Pedicure	£30	60 mins
Luxury Manicure	£32	60 mins
Luxury Pedicure	£36	75 mins

Both luxury treatments are with paraffin wax.  
Above prices include nail polish to take home.

Reflexology	£30	60-75 mins
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Ancient Chinese technique using pressure point massage to restore the flow of energy throughout the body.

## FACE



Mini Facial	£25	30 mins	A quick pick me up for skins that need a treat.
Spa Facial	£35	45 mins	Great for beginners. Suitable for all skin types.
Luxury Facial	£55	75 mins	Spa facial and back pamper combined to give the ultimate relaxation experience.
Beauty of the Eyes	£30	45 mins	Unique anti ageing and anti fatigue eye treatment helps to reduce puffiness, dark circles, fine lines and wrinkles.
Pore Refiner Treatment	£40	45 mins	For those suffering from oily skin and who wish to minimise the appearance of open pores.
Water Radiance Treatment	£40	60 mins	To treat dehydrated skins by helping to restore moisture content which is lost through everyday environmental stresses, leaving it soft and radiant.
Dermo Purifying Treatment	£40	60 mins	Deep cleansing for oily/problematic skin using antibacterial properties to eliminate impurities and reduce congestion.
Algomask Treatment	£45	60 mins	A mask containing 100% seaweed extracts helps improve the general appearance and texture of skin.
Hydro-Lifting Treatment	£48	60 mins	Intensive treatment for mature, dehydrated or dry skin. Skin will be left feeling softer, nourished and more supple.
Calmo-Derm Collagen Treatment	£58	60 mins	A treatment designed to calm and soothe the skin while also targeting fine lines and wrinkles.
Morpho Skin-Peeling Treatment	£62	60 mins	The equivalent to micro-dermabrasion. Great for lines and wrinkles, scarring and pigmentation.
Collageny C Treatment	£62	60 mins	To restore your skin's elasticity and firmness, as well as providing intense moisture leaving a healthy, glowing complexion.
3D Youth Treatment	£65	75 mins	For anyone aged over 35 years looking for an alternative to a surgical face lift. Contains Alpha Hydroxy Acids (fruit extracts) specifically to treat ageing skin by revealing newer skin cells.

Chromo Science Treatment £80 90 mins  
This unique treatment combines high tech active ingredients, exquisite fragrances and colour therapy to help re-programme the skin cells, as well as leaving you calm, relaxed and re-energised. The latest anti-age skin care treatment.

## BODY



Swedish Massage			
Back, Neck & Shoulders	£25	30 mins	
Full Body	£40	60 mins	
Aromatherapy Massage			
Back, Neck & Shoulders	£28	30 mins	
Full Body	£45	75 mins	
Hot Stone Massage			
Back, Neck & Shoulders	£32	45 mins	
Full Body Exfoliation	£25	30 mins	
Cherry Stones Back Massage & Exfoliation	£25	30 mins	Times may vary slightly.
The Light Leg Treatment	£45	60 mins	For those who suffer with water retention or swollen ankles and knees. A must have for tired legs, bad circulation and respite during the later stages of pregnancy.
The Relaxing Back Treatment	£40	45 mins	For the ultimate back massage experience, helps alleviate pain and tension, and soothe and warm tired muscles.
Cellu-Active Envelopment	£35	40 mins	Ideal to smooth the appearance of cellulite and coarse skin, helps activate the slimming process on visible cellulite less than 2 years old. Good pre holiday treatment or before and after dieting.
The Nourishing & Comforting Body Envelopment	£50	55 mins	Will reveal soft, supple and nourished skin. Your whole body will glow whilst the mask delivers essential vitamins to energise tired skin and reinforce its elasticity. Ideal before or after tanning.
The Morpho-Body Stretch Mark Peeling Treatment	£50	60 mins	A result driven treatment to minimise stretch marks regardless of their age and stage. This treatment will strengthen the skin's tissue and improve the appearance of marks on any area of the body. Each treatment will cover a 20cm <sup>2</sup> area. Recommended course of 8 at 1 per week.